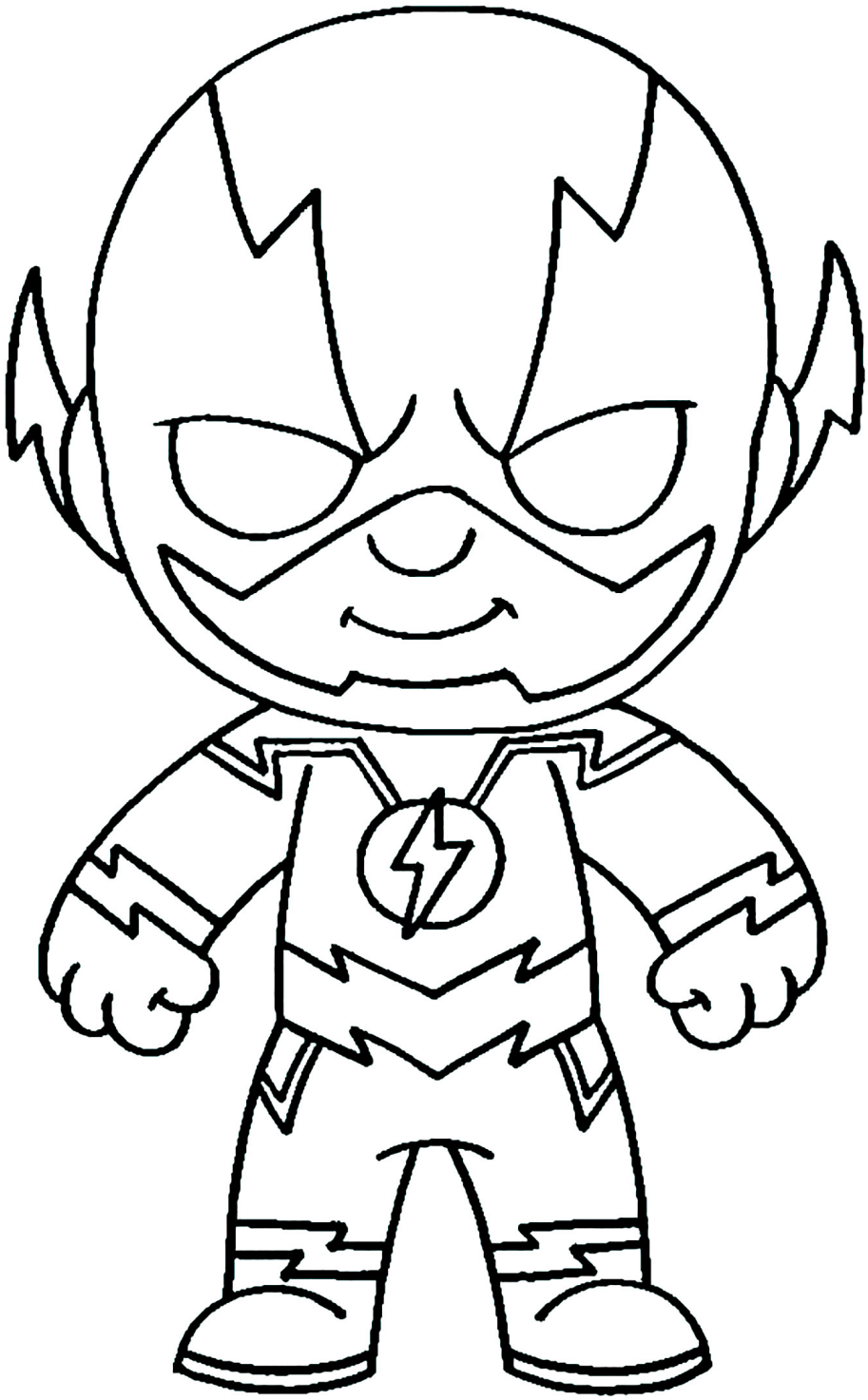FLASH