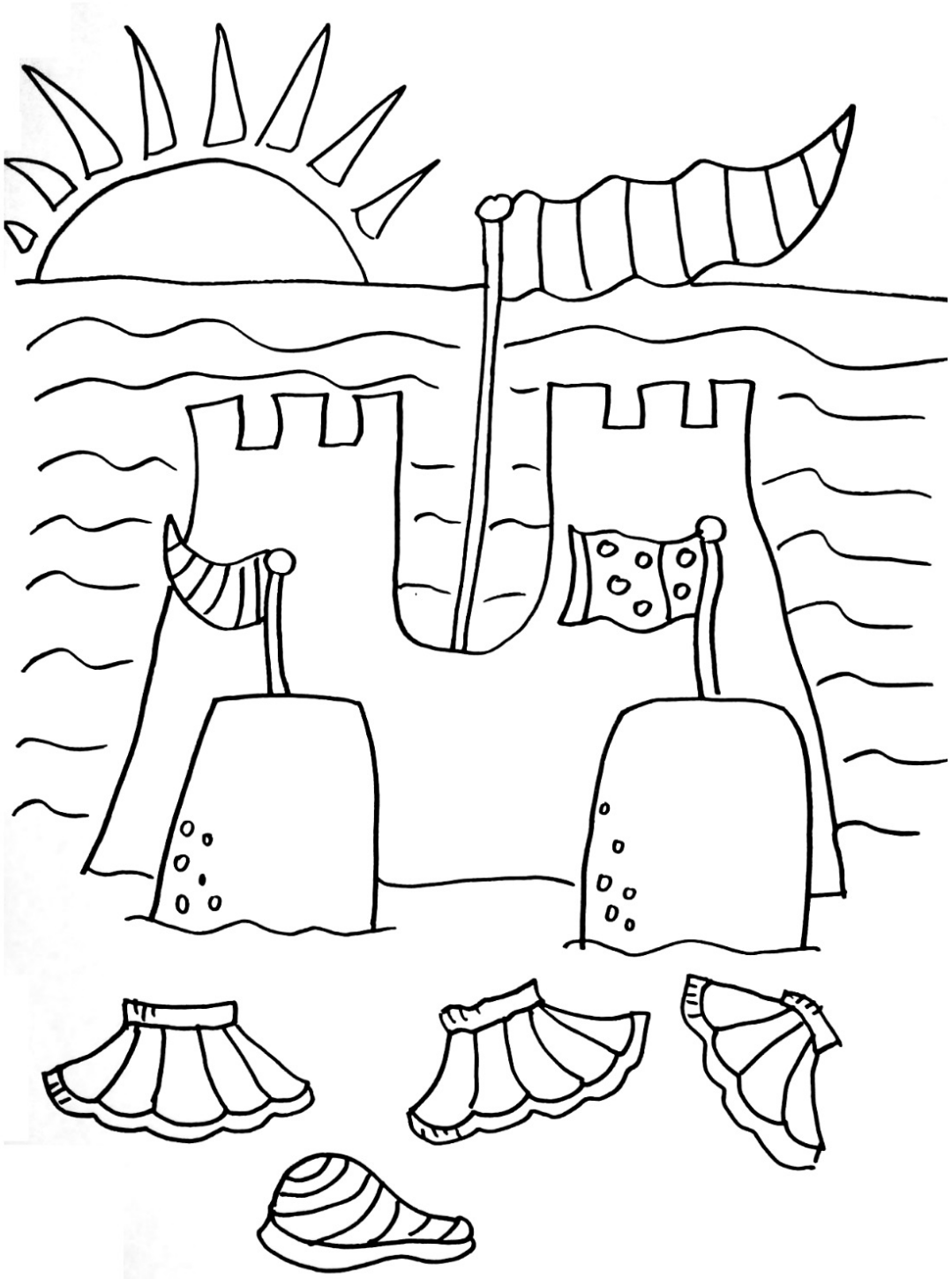Août