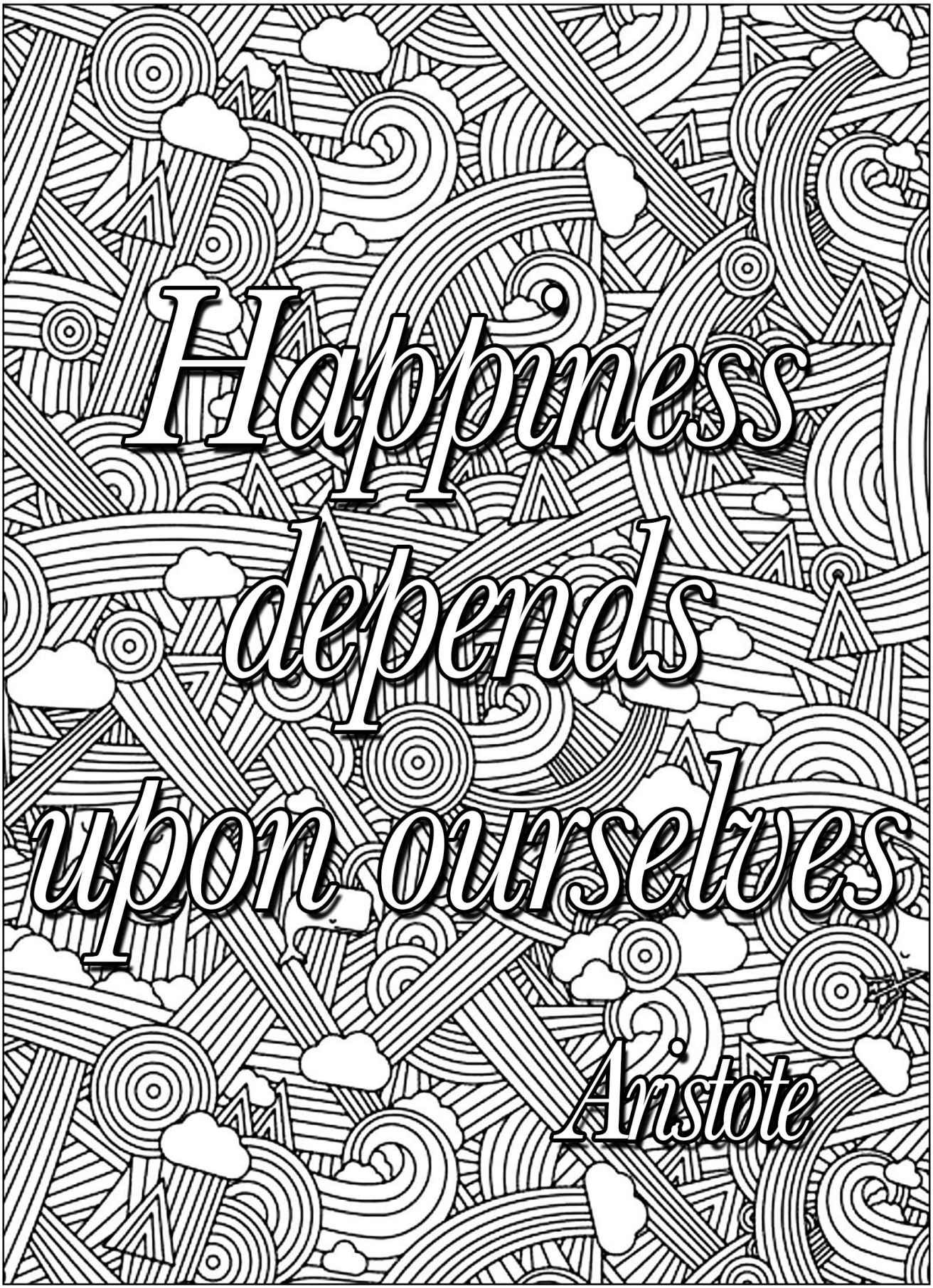

Happiness
depends
upon ourselves
Aristote